

How an Eating Disorder May Have Informed Marianne Moore's "Nine Nectarines"

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Abstract:

How do eating disorders inform and reveal themselves in works of Marianne Moore? Using archival research at The Rosenbach Museum in Philadelphia along with medical texts and theories of the 1930s, I consider Moore's "Nine Nectarines" as a means of teasing out how eating disorders play a prevalent role in her overarching oeuvre. Disorders and diseases such as depression, anxiety, and addiction have received plenty of attention as a lens to approaching a poet's work. However, eating disorders are largely left out of these types of analyses, mirroring the unfortunate fact that eating disorders today persist as the deadliest, most under-diagnosed, and under-insured of *any* mental disorder. Such an oversight is glaring, particularly considering how relevant food and hunger are as symbolism in modern poetry. Failing to incorporate the role(s) eating disorders may play in a likely anorectic's work (Moore's) leaves a gaping disparity in a poet's or poem's comprehensive literary analysis. This manuscript aims to play a role in filling this disparity by focusing on eating disorders as lens with Moore's work.

Keywords: eating disorders, Marianne Moore, anorexia, bulimia, poetry.

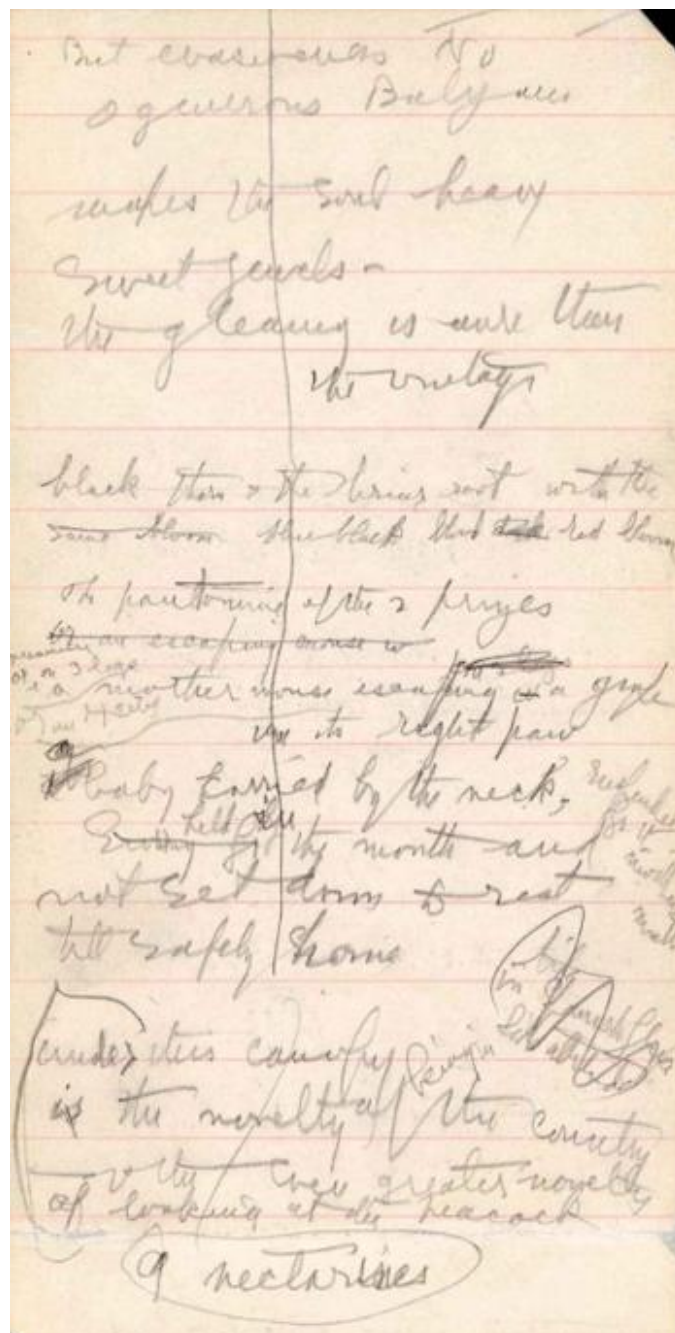
Introduction

Much has been written of Marianne Moore's poems of the 1930s with many critics ignoring the potential personal experience of the poet in favour of external influences. Moore preceded the era of so-called confessional poets, but I argue that there are hints and clues tucked within Moore's work that suggest a much more personal narrative than the majority of critics have thus far addressed. Her poetry does not exist in a silo of the natural world, as critics such as Laurence Stapleton have suggested. I argue that Moore's poetry, and "Nine Nectarines" specifically, offer insight into a more personal realm of the poet's world via an expert use and manipulation of language, themes, and symbolism.

"Nine Nectarines": In the Beginning

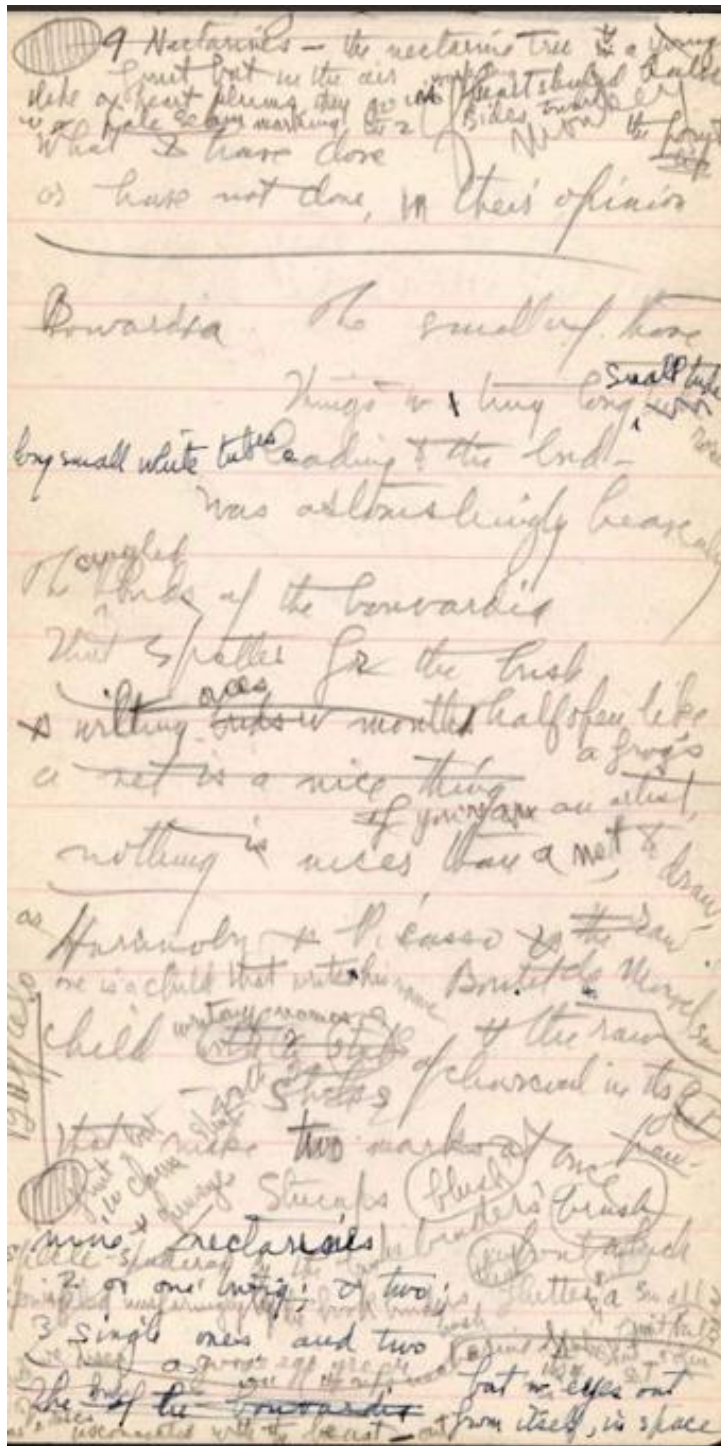
"Nine Nectarines and Other Porcelain" was originally published in *Poetry* magazine (1934). It was then collected in *Selected Poems* (1935) as "Nine Nectarines" and finally included as "Nine

Nectarines” once again in *Collected Poems* (1951).¹ There are changes between the 1934, 1935, and 1951 publications – sometimes ample changes. There are also, of course, vast differences between the draft of the poem held at the Rosenbach Museum where Moore titled the work in progress “Nine Nectarines” and the various published versions. Museum researchers estimate that Moore started this notebook in 1933, which gives a probable date to the draft. Some have called the poem an “advance” on her 1935 poem “Camellia Sabina” (Stapleton 77). However, in actuality it seems that Moore was working on ideas for both poems simultaneously. She included a simple but telling reference to “Nine Nectarines” on the second page of her 1933-1940 notebook, a page otherwise completely dedicated to drafting “Camellia Sabina.” Located at the bottom of the first page are two circled words: “9 nectarines” (Moore VII:04:07, 002-verso).



Part of Moore's draft of "Nine Nectarines," held at the Rosenbach Museum (Moore VII:04:07 002-verso).

It was not until the seventh page of this notebook that Moore began working on "Nine Nectarines" in earnest:



Part of Moore's draft of "Nine Nectarines," held at the Rosenbach Museum (Moore VII:04:07 007-recto).

Crossed-out words include "with," a word suggestive of companionship and support, as well as "young," which indicate Moore's continued grappling in her various drafts to accept time and age (see, for example, her omissions of "before" and "older" in "Pigeons"). Moore's conflicts over whether

to include or omit words relating to companionship, age, and life are also reflective of her own personal (partially self-subscribed) confinement. Co-dependency was (and is) common for anorectics. By the 1930s doctors believed that separating the patient from the parents, and particularly the mother, was an important part of treatment. "Parentectomy," the method of isolating patients from their parents, was an approach coined by Murray Peshkin in 1919 and originally designed to treat asthma patients, but it quickly grew in popularity as an anorexia treatment (Robinson 199). One 1938 case describes a 19-year-old woman who was told repeatedly that she would be separated from her family but "never believed that her mother would abandon her" (Nicolle 154). It was only when she saw her family leave the care facility that she acquiesced to treatment, as she understood a split from her family had truly occurred. However, for many women of the 1930s, like Moore, such an intervention was not possible.

Dualism in "Nine Nectarines"

The splitting, dualism, and halving themes of "Nine Nectarines" are just as prevalent as Moore's selective deletions, even in her early draft. The 1934, 1935, and 1951 published versions all maintain the splitting imagery in the first stanza:

Arranged by twos as peaches are,
at intervals that all may live—
eight and a single one, on twigs that
grew the year before—they look like
a derivative;
although not uncommonly
the opposite is seen—
(*Poetry* 64)

One of the most obvious changes from Moore's draft of "Nine Nectarines" to the published versions is her decision to open the line by naming peaches instead of nectarines, only hinting at the closely related fruits through simile. It is not uncommon for the layperson to confuse peaches and nectarines since there is a single gene variant between them, and nectarines are often described as a bald peach that tastes like a plum. Nectarines are harvested by grafting their branches onto peach trees.² This unique dependency of nectarines was surely not missed by Moore, which may have been one of her reasons to wait until the eighth line (in her published versions) to mention nectarines by name. If a nectarine cannot be harvested without a peach tree first solidly in place, naming the nectarine well after the peach is akin to a reliant child paying respect to its elders. Moore rightly references the nectarine as "derivative," a noun to indicate something based on another source, but it would be remiss to ignore "derivative" as an adjective that insults an artist or their work. "Derivative" can serve as both a noun and an adjective in this poem's instance if we view the nectarines as metaphors for Moore-the-poet.

Her draft of the poem includes the lines “a ~~net is a nice thing~~ / if you’re ~~are~~ an artist, / nothing is nicer than a net” (Moore VII: 04:07 007-recto). This may have been an allusion to James Joyce’s *A Portrait of a Young Man*, and suggests that Moore read and enjoyed Joyce’s work well after she notoriously rejected his submission to *The Dial* in 1927 when she served as editor.³ A net can be a sense of security, a literal safety-net, or as a restriction and imprisonment (and is often a tool used to capture bats, animals that appear throughout the draft). Nets also work as a great metaphor for how anorexics see their lives, initially comforted by the control but eventually finding themselves in a prison of sorts. Merritt Low attempted to explain anorexia in 1936 as “undoubtedly [coming] from the struggle of trying to standardize a product which is fundamentally individual” (834). Low was referencing the “product” of a subscribed one-size-fits-all diet, but a product can just as easily describe an objectified human being – or an artist. Moore laboured with whether to include the description of a net in relation to an artist in the draft, much as Joyce described an American artist as wrestling to “try to fly by those nets” (310). She deletes the active descriptor, replacing it with a passive description. Her change from active to passive is a recurring theme in the poem *and* in much of her life. For example, in changes made between her 1935 and 1951 versions, she swaps “we” for “one” in a different stanza. It is an instance of the poet prominently trying to place herself – or someone like her, an artist – into her work with the security and distance of a third-person approach. Moore’s personal passivity was displayed both through her physical appearance and in her acceptance of being kept under her mother’s thumb until Mary Moore’s passing. In a letter home from Bryn Mawr College dated 2 April 1908, Moore described the results from a physical appointment. Her weight and the alarm it caused the person administering the exam are indicative of Moore’s potential ED and her unwillingness to take up space – a type of passivity common in anorexics:

But my height is 4 ft 5 (5’ 4”?) and my weight only 98. Miss Applebee says it is a disgrace that your weight ought to go into your height twice (or the other way about) and was most kindly and persistently prescribing stuff to eat, tonics, slow eating, sleep everything in fact. She finally pinned me down to raw eggs and said I *had* to eat one a day. (*Selected Letters* 44-45)

Moore’s resistance to eating and, contrarily, her description of food binges in some correspondence with her brother, are themes in her letters throughout her life. However, in her poetry the focus on food and the results of consumption – weight and substance – are veiled in her preference for the natural world. Stapleton claims that the final (published) version of the poem suggests that a nectarine “intimates immortality” like its peach derivative now that the poem has become more “compressed” (79). He glances over the importance of immortality in the poem, although his naming of immortality as a key aspect of the poem seems to be by sheer coincidence. It is inarguably true that the final version of the poem is more compressed. Moore deleted entire stanzas in the 1935 and 1951 versions, and all these abandoned stanzas heavily featured descriptors of porcelain. It is crucial to pay close attention to what the deleted porcelain was and how it connected to food – and the nine nectarines in particular. The porcelain objects Moore deleted were all *dinner*

plates, designed for the dual purpose of serving food while also serving as works of art. When Moore removed the plates from the poem, she also removed the ability to consume food in a civil manner. This is much like how her mother was known for crafting meagre meals prepared on a hot plate before she gave them to her daughter to eat on the edge of a bathtub (*Twenty-First Century* 15).

Moore's emphasis on the number nine should also not be overlooked. Consider the number through the lens of Chinese culture, as it should be since Moore wrote about Chinese porcelain specifically and exclusively in the poem. Chinese numerology, which has been prevalent in China since it was created by Emperor Fu His over 4,000 years ago, dictates that the number nine is lucky and is often interpreted to mean "enough" and perfection (Ghannam 53). Both fullness (or resistance to it) and the quest for perfection are recurring themes in an anorectic's life. The number nine in Mandarin, 九, sounds very much like 久, which translates to eternity. This detail Stapleton either misses or dismisses when he claims the nectarine is "intimating immortality." He does not expand upon that immortality at all. Moore's western ear may have also heard the similarities between these Mandarin words, pronounced jiǔ, and "Yu," the latter being the red-cheeked peach she mentions by name in the poem. The Yu peach of Moore's poem is known for stopping death and, more importantly, "eternizes life" (Schlegel xxiv). "Nine Nectarines" describes a Yu "peach which cannot aid the dead, / but eaten in time prevents death" (*New Collected* 117). Gustaaf Schlegel's 1866 book about the "Heaven-Earth League" described how eating this peach "frees man forever from hunger" and promises immortality, and Schlegel specifies how in lieu of a real Yu peach a painting of the fruit or alternatively a *porcelain* peach can be a substitute (xxxiv).⁴ Moore borrowed the phrase "prevents death" directly from Schlegel's book. The Yu is ultimately a Chinese version of Eve's apple without requiring a fall from grace, and an understandably irresistible tale for the anorectic – or a lover of obscure history like Moore.

Another sub-section here?

Stapleton only considers the three most accessible, published versions of the poem in his analysis. He does not address the initial draft where Moore briefly allows herself to be present in a rare instance, exposed as a naked peach. Still, Stapleton's work does probe deeper than some other popular criticism which suggests Moore's poems of the 1930s were largely centred simply on "engagement with animals and plants" and an "ethical and aesthetic stance toward the natural world" (Weinstein 373). Those elements are clearly present and are very much part of the outermost layer of Moore's multi-coated poems in their many versions. However, look for the poet within the poems and she reveals herself quietly in metaphors and comparisons. You can find Moore in the initial draft of "Nine Nectarines" as a very present, assumingly human interloper in the draft's fourth and fifth lines: "What I have done Monkey ~~is~~ / or have not done, in their opinion" (Moore VII:04:07 007-recto).

Her voice is initially unapologetic at the beginning of the draft, with the nectarine boldly announcing itself in the first line. However, Moore swiftly separates the nectarines from the rest of the poem with a long dash:

9 Nectarines—the nectarine tree w& a young / fruit bat in the air working
like ox heart plums they go in heart shaped halves
w a pale seam marking the 2 cf 2 sides toward the point

(Moore VII:04:07 007-recto)

Once Moore distances the remainder of the poem from the named fruit, she is quick to compare nectarines to hearts in two ways. These comparisons include the description of the “heart shaped halves” and the analogy of fruit to “oxheart plums,” but these intimate and seemingly loving metaphors prove too vulnerable to sustain. The connection between anorexia and heart atrophy and failure was already established by the mid-twentieth century (Hellerstein 122). Today, cardiac failure is attributed to 33% of deaths in anorectic patients (Sardar 88). When Moore confronts what she has “done” immediately after exposing and exploring the fruit at its most defenseless inner workings – its heart – it is a statement, not a question. There is no such sentimentality or regret in the published versions of “Nine Nectarines.” Instead, these later versions abandon the first-person entirely, offering one royal “we.”

Pronoun Selection

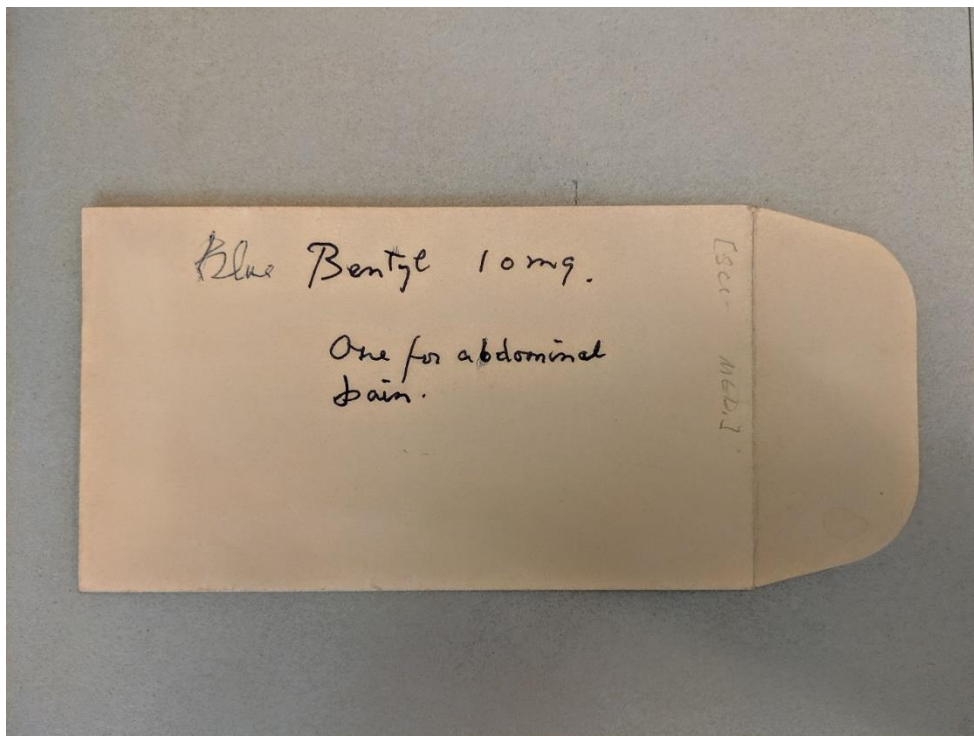
Pronoun usage is a known means of signifying a person’s focus of attention. King Henry II was one of the first to use the royal “we,” indicating that he was speaking for both God and himself, and today’s research shows that first-person pronoun usage suggest insecurity and acute self-awareness while first-person or second-person *plural* suggests an outward focus of consideration of the feelings and thoughts of others (Kacewicz 2013, 125). “We” cannot know if Moore was using the same royal assumptions as King Henry II, speaking for God and herself, but her change from “I” to “we” before publication does suggest the adoption of sort of armour to protect herself from public scrutiny and an attempt to distance herself from the poem. The fruits, similar to the poet, are also sheathed by the time they are published, and, in the case of the fruit, they are safeguarded by their peach comparison. This may be why Moore no longer felt the need for separation with the dash. However, that favoured punctuation still makes an early appearance in published versions. It is used to separate “live” and “before” in all published versions, both terms that are indicative of life. Moore added an em-dash after “blue” and “style” in the 1934 *Poetry* version with the lines “Fuzzless through slender crescent leaves / or green or blue – or both / in the Chinese style – the four” (*Poetry* 64). However, those two dashes were removed by the time the poem was collected one year later in *Selected Poems*.

Much of Moore’s early draft of “Nine Nectarines” is so different from the published versions that it is impossible to directly compare the two. What can be analysed are the themes and subjects repeatedly present in the draft and missing entirely in publications. The two most prominent figures missing from the draft stage to publications are the bouvardia plant and fruit bats. An unnamed species of bat is mentioned once in the 1934 and 1935 published versions, but Moore is no longer so acutely focussed on the animal. Bouvardia plants and fruit bats both engage themes of hunger and food in the 1933 draft. Moore describes the bouvardia with the lines:

wilting buds w mouths half open like
a frog's
a net is a nice thing
if you're ~~are~~ an artist,
nothing is nicer than a net

(Moore VII:04:07 007-recto)

The bouvardia is inedible and Moore describes it as both dying (wilting) and with a “mouth” half open as if it is begging for nourishment. These two descriptors of the plant mirror the appearance of the anorectic who wastes from the disorder but continues to refuse food. Consuming the bouvardia plant directly will poison a human, but the common side effects of pharmaceutical drugs infused with hydroalcoholic extract (which is taken from the bouvardia) mirror the symptoms and results of an ED. Donepezil causes fatigue, vomiting, weight loss and insomnia; Rivastigmine causes weight loss, anorexia and dizziness; and Galantamine causes anorexia and heart attacks (Herrera-Ruiz 537). Anorexia in these medical definitions refers to any loss of appetite, and not specifically to anorexia nervosa. Initially in the draft, Moore rightfully describes the plant as having multiple mouths (as the bouvardia has multiple blossoms), but she scratches out the plural “s” to fixate on a singular blossom. This decision circles the poem back to an inner reflective stance, perhaps associating the singular hungry blossom with the draft’s individual human. There is no record of Moore taking medications with hydroalcoholic extract, but there are ample examples of drugs she was prescribed or expressed interest in that share a common thread. Bently, Lextron, and Thiamine are all known to treat anorexia, amongst other conditions.⁵



A pill packet for Bentyl in Moore’s handwriting, held at the Rosenbach Museum.

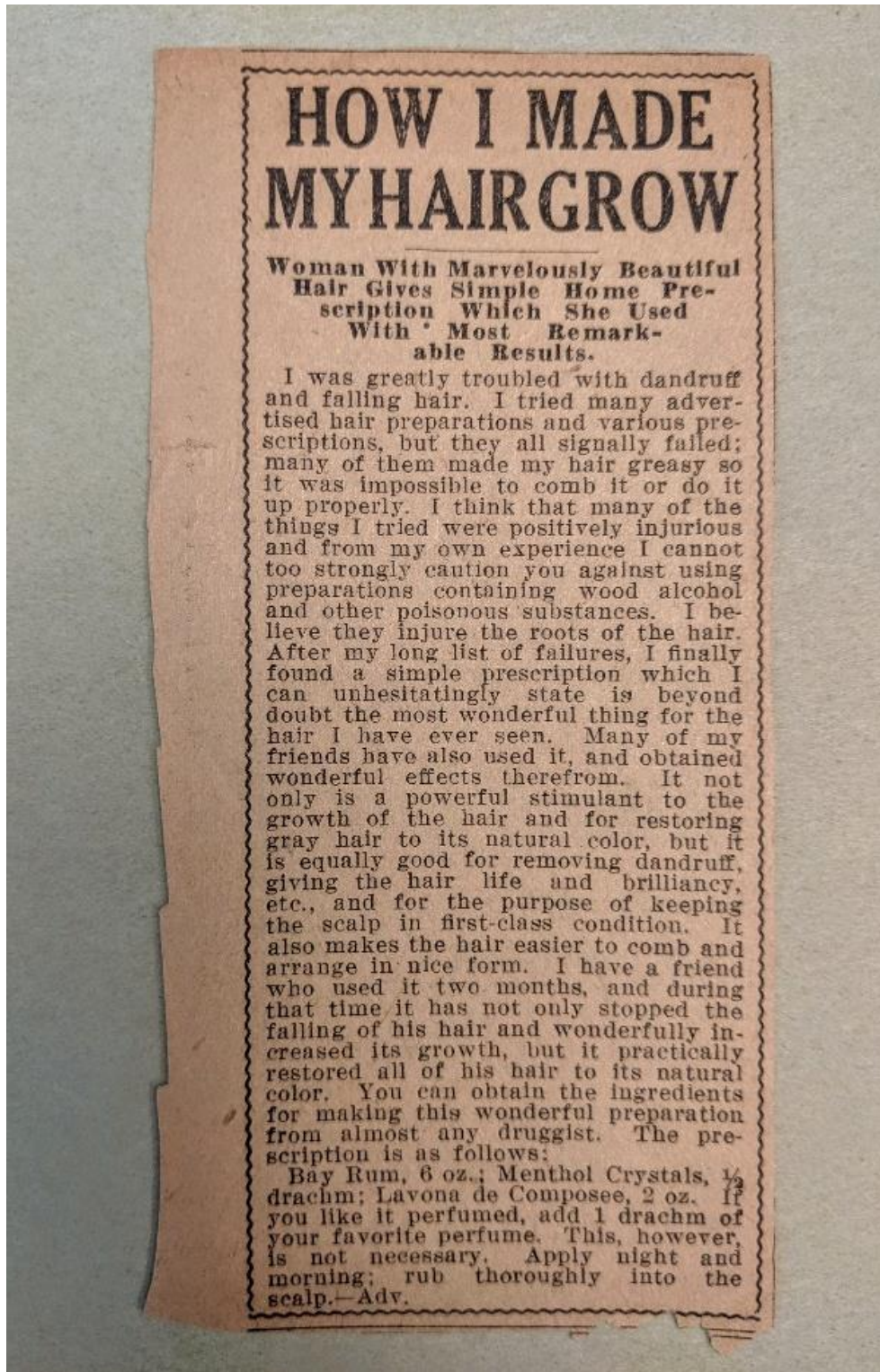
365th Day
p 13 brand of High Potency Vitamin D capsules
Friday, December 31, 1937
Davitin capsules formerly
(Davitol)
100 capsules
International Vitamin Division
Wm. Home Products Corporation
New York, N.Y.
from Vioform in Oil & RPT Process
Ergosterol activated by low velocity-
electrons. Caution: dose as
prescribed by physicians only -
one capsule provides 125 times the
adult minimum daily requirement for
Vitamin D.
Lextron \$2.45
June 1943 Huge doses of
Vitamin Super # for mucous
in head & bronchial tubes

A note for the cost of Lextron (\$2.45) in Moore's handwriting, held at the Rosenbach Museum.

Newton Pharmacy
DISPENSING CHEMISTS
A RELIABLE APOTHECARY
675 MADISON AVE., NEW YORK
PHONE REGENT 4-2930 BET. 61ST AND 62ND STS.
Copy of Original Prescription July 1944
NUMBER OF PRESCRIPTION 188293 DATE
NAME Moore
Acetyl Salicylic Acid 0.3
Thiamin HCl 0.003
Phenacetin 0.008
Caps etid. xxxv
Sig. One q 4 h prn
pr neuralgia
Dr. W.A. Gardner
FOR RENEWAL OF PRESCRIPTION
WHY TAKE CHANCES WITH THE PURITY AND ACCURACY OF
YOUR MEDICINE? IF YOU RESIDE OUT OF TOWN OR CONTEMPLATE
LEAVING THE CITY, THIS PRESCRIPTION WILL BE MAILED TO YOU
POSTAGE PREPAID.

Moore's prescription for Thiamine (and other medications), held at the Rosenbach Museum.

It is clear even from this sampling of notes and prescriptions that Moore diligently sought out supplements, drugs, and medicines to help with a variety of ailments. She also regularly kept clippings and articles featuring various methods to treat afflictions from hair loss to being overweight and difficulty swallowing – all common concerns for the anorectic. Moore wrote home from Bryn Mawr on 29 March 1908 that her “hair began to fall out a while ago” (*Selected Letters* 42).



A clipping Moore kept on methods for hair growth, held at the Rosenbach Museum.

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- Automatic Cut-Off Motor can't burn out!
- Heavy Duty Performance (like in Health Food Stores!)
- Lightweight (only 8 lbs.) Makes Beautiful Design!
- Motor Guards of Juice!
- Unconditionally Guaranteed (one Year!)
- Ball Bearing Motor—Motor Runs SILENT!
- Easy to Clean in Seconds!
- Trouble-Free Operation!
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- Just Shut Motor!
- So Easy to Operate!
- Corrosion-Proof!
- Pulp-Free Juice!
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- 3 Turn on the electric switch. Immediately, the delicious, natural fresh fruit or vegetable juices are dropped in your container, ready to drink!
- 4 Automatic Pulp "Ejector-Remover" takes all the work and waste out of juicing.

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There is no need to buy a number of different machines, vegetable and fruit choppers, grinders, slicers, etc. The "Phoenix" Juicer, however, does all these things. It grates, slices, chops, minces, grinds, etc. It is a "one machine" solution for all your vegetable and fruit needs. The only one of its kind. It is so simple to use and so easy to clean that you can have your "Phoenix" Juicer today and start on the healthiest diet.

THE phoenix JUICER AIDS IN WEIGHT CONTROL

The problem of being overweight has been described as the greatest single factor today in heart disease. And there are many other health dangers as the result of being too stout. We suggest that you see your physician for the preparation of a diet aimed at gradual loss of these extra pounds. In fact, just tell your doctor that you have a "Phoenix" Juicer, and he may suggest a vitamin-filled juice diet, which contains a low calorie content, suited especially to your individual weight problem. If you have a tendency toward being overweight, we know the correct diet for weight control which will help you add years to your life.

EXCITING NEW FLAVORS FORMERLY DESTROYED BY COOKING

All of us, at one time or another, have tasted the difference in flavor between cooked and raw carrots. But now there's still another carrot flavor for you to discover—fresh carrot juice! In fact, you'll find exciting new flavors in all the vegetables and fruits you like... by simply drinking their juice... made with the new "Phoenix" Juicer. Yes, you'll find even orange juice tastes better when made with the "Phoenix". And you can make your own juice cocktails by blending your favorite fruits and vegetables.

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UNCONDITIONALLY GUARANTEED The "Phoenix" Juicer is designed, engineered and manufactured to give you consistent economical performance for many years. It is guaranteed to be trouble-free. If anything fails to operate in your kitchen, we will repair it or replace it at our own expense. And now—don't wait another minute before enjoying the health benefits of fresh vegetable and fruit juice, made instantly in your own home!

A clipping Moore saved on juicing for weight control, held at the Rosenbach Museum.

Syllabus of the Mechanisms of Swallowing
Miss Marjorie C. Swallowing
260 Cambridge St.,
Brooklyn 5, NY

[Reprinted from *RADIOLOGY*, Vol. 64, No. 4, Pages 498-518, April, 1955.
Copyright 1955 by the Radiological Society of North America, Incorporated.]

Cinefluorographic Analysis of the Mechanism of Swallowing¹
G. H. RAMSEY, M.D., J. S. WATSON, M.D., R. GRAMIAK, M.D., and S. A. WEINBERG

IN THEIR WORK on the swallowing mechanism, the early investigators can at least be said not to have overlooked the anatomical probabilities. They found it logical to assume, for instance, that each of the mobile structures and muscles along the upper food channel must necessarily play an active part in the mechanism—"the uppermost first, and then according to their station." This broad assumption, by the way, has never been successfully disputed, and it gives to the rather speculative views of 18th century authorities such as Boerhaave (1) and Haller (2) a comprehensiveness not always evident in more recent work on the subject. Even comprehensiveness, however, can be overdone, as in Boerhaave's over-elaborate and confusing explanation of laryngeal airway protection.

The experimental physiologist Magendie (1783-1855) did much to clarify and give perspective to the older views. We know that he first became interested in the problem while he was still an aide in anatomy at the Paris Faculty, and that his thesis for the medical degree in 1808 was concerned with the functions of the soft palate (3). Later he showed by a series of animal experiments that, although the epiglottis turns "downward and backward" in the second stage of swallowing, "so as to protect the entrance of the larynx," its action is in reality only a first line of defense, since the laryngeal airway is closed with "great exactness" at a lower level, "by the same muscles which control the glottis in the production of the voice."

The paragraphs on deglutition in Magendie's *Physiology* (4) are important, not only because of his famous division of the mechanism into three stages (as compared with Boerhaave's five), but because he succeeds in enumerating nearly all of the major events of the sequence such as we think we know them today. Several items have since been added, notably the part played by the cricopharyngeus muscle and some of the particulars of reflex control, but nothing has been subtracted. Indeed, it can be argued that subsequent investigation has only confirmed and filled in the details of Magendie's original outline.

In the latter part of the 19th century, the mechanism of swallowing, and especially of the esophageal stage, was carefully restudied in rabbits and in man with the aid of the stethoscope, stomach tube, and pressure balloon. Kroncker and Meltzer (5) amplified Magendie's remarks about the swallowing of liquids by stating that they are squirted through the pharynx and esophagus so fast as apparently to leave the peristaltic wave of contraction far behind. It remained for x-ray methods to show that in the pharynx the contraction wave actually follows in close contact with the tail of the liquid.

Fluoroscopy and the bismuth swallow were first used in this field by Cannon (6), on a suggestion made by Bowditch in 1896. Cannon anticipated that fluoroscopy would give more information about the esophageal stage of swallowing than about the pharyngeal stage, and in this he was correct. However, in 1927 Mosher, a laryngologist, used x-ray methods to confirm and amplify Magendie's account of the behavior of the hyoid bone, epiglottis, and larynx, illustrating his paper with films taken by the radiologist Macmillan (7).

Meanwhile Barclay was already working on his well known fluoroscopic study of swallowing. Unfortunately he did not hear of the studies of Mosher and Macmillan until after his first report had been nearly completed and he mentions their work only to dismiss it as being no differ-

¹ From the Department of Radiology, University of Rochester School of Medicine and Dentistry, Rochester, New York. Presented at the Seventh International Congress of Radiology, Copenhagen, July 19-24, 1953.

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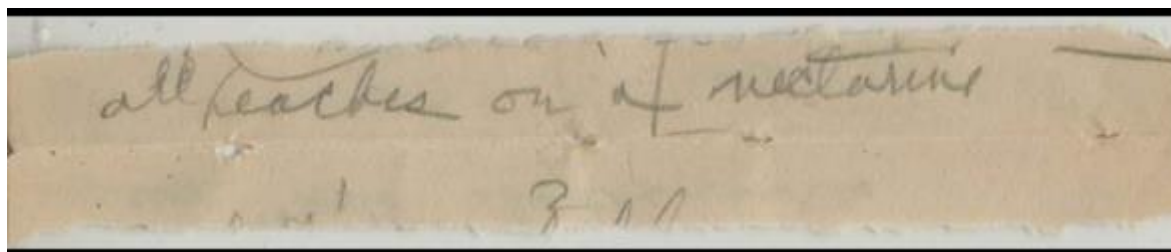
A medical article Moore saved on difficulty swallowing, held at the Rosenbach Museum.

It would be no surprise if Moore was highly knowledgeable about the side effects and lesser known off-label treatments of various medications. Her personal archives suggest that her penchant for medicines that treat anorexia and its side effects was not coincidence, but rather an attempt by the poet to treat an ED. As far as we know, Moore never sought treatment for anorexia nervosa specifically (a neglect which would not be unusual in mid-century America), but perhaps she indulged in self-treatment through various supplements and writing therapy. Her use of hunger and food themes as well as animals and objects that serve as metaphors for the poet and her ED-charged issues is highly prevalent when considering her poetry through an anorectic lens. “Bibliotherapy” was recommended to patients by Benjamin Rush and John Galt II as early as the mid-1800s (Silverberg 131). Eli Griefner, poet and pharmacist, started giving patients poems along with their prescriptions in 1928, eventually founding “poetry therapy” in two hospitals (Gustavson 55). Writing therapy was not formally introduced by Ira Progoff until 1965, but the foundational concepts had clearly been in place for decades (Hiemstra 19). It can be reasonably assumed that poets like Moore were aware of and experienced the personal benefits of writing therapy, and perhaps used writing as a type of self-medication.

Moore chooses the image of the fruit bat to bookend the poem in draft form, starting with the “~~young~~ / fruit bat working” in the first two lines (Moore VII:04:07 007-recto). The poet may have seen elements of herself and her dysfunctional relationship with food in her draft’s fruit bat and its eating process. There are nearly 200 species of fruit bats, and the majority consume mostly liquid fruit juice and flower nectar instead of the usual bat fare of insects.⁶ However, it is a misnomer that fruit bats actually *eat* the fruit. Instead, they chew and then spit out the skin, pulp, and seeds, only consuming the fruit juice. Moore, more so than most people, would have probably known detailed specifics about a given animal’s behaviours considering her affinity for studying the natural world. “Chewing and spitting” is a relatively newly studied facet of EDs and is closely related to binge-eating disorder (BED) and anorexia, though the strategy itself is surely far from novel (Guarda 2004). Bat imagery is echoed repeatedly in the final lines along with the bouvardia:

bat shut ~~paw~~
 that make two marks at once
 fruit- w claws & open eyes Stumps blush
 nine nectarines
 speckle-spattered [sic] by the book binders' brush
 about which
 2 on one twig; & two; that out
 sprinkled unsparingly by the book binders brush flutters ^ a small
 3 single ones and two fruit bat
 which are discs a goose egg green
 on the ripe nectarine [illegible] shut & open eyes
 its ~~2~~ set
 bat ~~w~~^ eyes out
~~the buds of the bouvardia~~ from itself, in space
 as 2 discs unconnected with the beast-out
 (Moore VII:04:07 007-recto)

This is where Moore ends her draft of “Nine Nectarines,” save for an odd scribble on page 28 of her notebook which reads “all peaches on a nectarine” (Moore VII:04:07 0028-recto). The note, followed by a brief illegible line below it, is the only writing on that page and was made after drafting several *other* poems which were published in *Selected Poems* and her later collection *What are Years*.



Part of Moore’s draft of “Nine Nectarines,” held at the Rosenbach Museum
(Moore VII:04:07 0028-recto).

The draft of “Nine Nectarines” ends with an almost manic list of fruit bat descriptors. Moore wrote to her brother on 1 June 1934 that “I am writing like a demon with canton-flannel horns on my Nectarines poem” (Leavell 283). During Moore’s revising of the “Nine Nectarines” draft, she scratches out the “paws” of her fruit bat before morphing the animal itself into fruit – specifically, a “fruit- ~~w~~ claws & open eyes” before again reiterating “nine nectarines.” This marks the evolution of the draft into what became the *beginning* of the final poem versions with nectarines “arranged by twos as peaches are.” However, in the draft, Moore places the mention of the fruit on its own, solitary line. The bats are described in dual pairs, the same as nectarines, all but one time when Moore denotes a trio of them – thus nine bats and nine nectarines. The bats’ open eyes do not mysteriously go missing as she compares them with nectarines, but seem to be violently removed with the description of the “bat ~~w~~^ eyes out” and in the last line as “2 discs unconnected with the beast–out” (Moore VII:04:07 007-recto). This is the only time Moore calls the bats beasts, which is far removed than the young and hard-working fruit bat she describes in the beginning of the draft. The poet ends the draft with the word “out” followed by a long dash, drawing focus to the bat’s enucleation and (as the dash is emphatic and much longer than an em-dash) suggestive of ostracism and loneliness.

Line Placement and Isolation

The ostracism theme persists from the draft form through various iterations to the final published version in 1951. The first stanza’s only non-punctuation change from the 1934 *Poetry* version is the shift of the word “both” from the tenth line to the eleventh. Moore moves the word “peach” from “peach-nut” from the tenth to the eleventh line in the second stanza and deleted the hyphen from “bees-wax” in the same stanza. The original 1934 publication has a line in the third stanza that reads “We can not find flaw”, which Moore changed to “One perceives no flaws” in all later publications (citation needed here?). She also deleted the em-dash after the word “curcilio” and de-italicised it from the 1934 version onward. The hyphen in “much-mended” is deleted from the third stanza in the 1934 version and the word “or” is moved from the tenth line to the eleventh.

These minor changes might be seen as tidying up, but each is a choice based on omissions or movement. Moore was hyper-vigilant of words and punctuations that connected and divided and worked toward perfecting what she saw as an ideal use of hyphens and dashes throughout the poem's publications. She paid special attention to the words "both" and "or," and brought food references together when she moved "peach-nut" to the same line and allowed "beeswax" to desegregate. Her fixation on connection and disconnection is perhaps most highlighted in the only major change in the first three stanzas: her shift from "we" to "one" when referencing the search for flaws in the nectarines. The 1934 *Poetry* version has a royal "we" which allowed the poet to lay claim (albeit via a group consensus) to the hunt for flaws within the nectarines. Later versions deviated to a more disconnected and formal "one" which *may* be Moore but could be any person. This anonymity allowed for honesty. She dissociated herself from the obsession with the nectarines and the examination for blemishes and began the process to eliminate complete lines and stanzas from the original 1934 *Poetry* publication. The change from "we" to an unidentified "one" is the start of Moore's dismantling of both her own poem and her preoccupation with the odd-numbered fruit.

The 1934 publication's fourth stanza had its last six lines completely deleted by the 1951 version. Consider the differences in the fourth stanza below, beginning with the original publication of the fourth stanza in *Poetry* in its entirety followed by the fourth stanza as it appeared in *Collected Poems* (again, in its entirety):

unantlered moose, or Iceland horse,
or ass, asleep against the old
thick, lowleaning nectarines that is the
color of the shrub-tree's brownish
flower. From manifold
small boughs, productive as the
magic willow that grew
above the mother's grave and threw
on Cinderella what she wished,
a bat is winging. It
is a moonlight scene, bringing

(*Poetry* 65)

unantlered moose, or Iceland horse,
or ass, asleep against the old
thick, lowleaning nectarines that is the
color of the shrub-tree's brownish
flower.

(*Collected Poems* 36)

Decisions on Deletions

The sweeping deletions Moore instituted after “flower” in the fifth line of the fourth stanza continued as she deleted stanzas 5-7 for the 1951 publication. These deleted stanzas largely address the “other porcelain” made in China (dinnerplates) detailed with imagery such as “a crane, a stork, a dove” and “Hunts and domestic scenes” (*Poetry* 66). A veritable menagerie of animals and what Moore called “half-beasts” are removed along with stanzas 5-7 as the poet sawed her poem nearly in half. Robin Gall Schulze claimed that the multiple versions of Moore’s many poems are an invitation to rethink the nature of the modernist poems, and that Moore’s always-evolving poems were a denial of the “ahistorical authority of her own literary events” (Dickie and Travisano 1996, 120). There was a 17-year gap between the publications of the poem in 1934 and 1951, and of course the context of Moore’s life and sense of self (and self-as-poet) would have changed. However, Moore also entered her sixties during this time span, and the whittling away of her words while removing the overt fragility of the many porcelain objects listed in those removed stanzas is telling. Perhaps it was not simply a “compression” of the poem, as Stapleton argued, but an attempted compression to reduce the poet herself through the removal of excess (78). Compression lends itself to sturdiness, and perhaps doing away with the easily broken porcelain was Moore’s way of reinforcing herself through her poetry as she entered the winter season of her life. She wrote in detail of compactness and the compacted in *Predilections* (1955) when discussing the work of Louise Bogan – a fellow poet who many suspect was anorectic.⁷ Moore wrote that she was “struck by her [Bogan’s] restraint” before discussing a variety of Bogan’s work that focused on food imagery and hunger, such as “The Crossed Apple” (*Predilections* 131-133).

Conclusion

The final stanza of “Nine Nectarines” remains largely the same throughout the 17 years of revisions. Minor changes again focussed on punctuation, dashes, and word placement. The 1934 *Poetry* version has a hyphen between “long-tailed” and a comma after “cinnamon-brown” that is removed in all later versions. The word “who” is moved from the tenth line to the eleventh in 1935 and 1951 publications. The only major change in the final stanza is found in the first line. The 1934 *Poetry* version reads, “Theirs is a race that ‘understands / the spirit of the wilderness” in reference to Chinese people (67). The 1935 and 1951 version read, “A Chinese ‘understands / the spirit of the wilderness” (*New Collected* 209). On one level, this change is partially a simple clarification since Moore removed stanzas that directly addressed Chinese porcelain in these versions. Naming the Chinese in the final stanza is helpful in this sense, whereas using “theirs” in the 1934 version was fitting after three stanzas of detailing Chinese dinner plate art. However, it is also important to consider Moore’s decision to *name* and shift the placement of “who” at the end of the poem. She points to a singular Chinese artist, “a Chinese,” not *the* Chinese people or artists. The shifting of the word “who” also changed the 1934 version’s final line from “imagined this masterpiece” to “who imagined this masterpiece” (*Poetry* 64; *Collected Poems* 30). She may not have inserted herself overtly into the poem’s final published version, but she adopted a stronger stance than the nameless “one” who saw no flaws.

Moore ended the 1951 published version of “Nine Nectarines” with certainty, assertion, and a sprinkling of mystery. The 1935 and 1951 versions both featured an asterism before the final stanza, Moore’s breadcrumbs that hinted to readers who might not have read the original publication in 1934 that something was indeed removed from these two versions – and that reading between the lines (and stanzas) was highly recommended. What is not there, the lack of excess, might be more telling both in EDs and poetry than what we see before us.

Endnotes:

1. All iterations of the poem will be referred to in this thesis as “Nine Nectarines” for clarity.
2. Peach seeds may become trees that only occasionally bear nectarines, but nectarine seeds can become trees that might equally produce nectarines or peaches—making grafting a necessity to ensure the desired crop.
3. The famed Joyce passage reads: “When the soul of a man is born in this country there are nets flung at it to hold it back from flight. You talk to me of nationality, language, religion. I shall try to fly by those nets” (310).
4. The full description of the Yu peach in Schlegel’s *Thian Ti Hwui: The Hung League or Heaven-Earth-League, a Secret a Secret Society With the Chinese in China and India* reads:

Peaches have been, and still are, in China the symbol of long life or immortality. Therefore the peach-fruit enters into all the ornaments in paint and sculpture which are made in rooms, on furniture etc., and, especially, in the presence of congratulation and felicitation offered to one’s superiors or equals. They are preserves as Newyear-gifts; and, by want of genuine ones, porcelain, jade, or coloured-stoned peaches are offered. According to the *Shin-nung-king*, the peach *Yu* prevents death and eternizes life. If one has not been able to eat of it early enough, yet it preserves the body incorruptible till the end of the world. According to the *Shu-y-ki*, whoever eats of the fruit of the *Yu*-peach on the mountain *Kwoh liu*, gets eternal life. According to the *Shin-bian-kan*, the peach of immortality produces only one fruit in 1000 years but it frees man forever from hunger ... this fruit is of a beauty and odour not of this world” (xxxiv).
5. More information on Bently (also known as dicyclomine) and anorexia side effects can be found in R.A.F Jack’s work; more information on Lextron and anorexia can be found in Shaine Marks’s work; and more information on Thiamine and anorexia can be found in the works of Liu Mei.
6. Some species of fruit bats do eat food besides fruit, such as the Egyptian *Rousettus aegyptiacus* that eats leaves and pollen in addition to fruit. However, the majority of fruit bats enjoy a fruit-rich diet when possible, if not a strictly fruit-based diet.
7. See citation of Frances Kerr’s “Nearer the Bone’: Louise Bogan, Anorexia, and the Political Unconsciousness of Modernism.”

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